

Palliative Care at Home for Young Children in Africa: Knowledge and Practical Competencies

Evaluation of Basic Competencies

Topic	Competency	Yes	No
Part 1: Palliative care	A good understanding of palliative care.		
	Being able to prioritise problems and assess, assist, advise and arrange.		
Part 2: Keeping a child well and preventing germs from spreading	Cleaning up body fluids		
	How to hand wash		
	Dealing with cuts and sores		
	Cough hygiene and disposing of sputum		
	Protecting from mosquitoes		
Feeding	Know about breastfeeding		
	Knowing about bottle/formula feeding		
	Knowing about preparing good, clean food		
Playing and parenting	Knowing about the importance of play and giving advice on playing.		
	Knowing about good parenting and giving advice on parenting		
Telling a young child about their HIV infection	Knowing:		
	WHY		
	WHEN		
	WHO		
	WHAT		
	HOW		
Encouraging adherence to medicines	How much medicine to give		
	How to give the medicine		
	When to give the medicine		
	How to remember to give the medicine		
	How to encourage taking medicine		

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Part 3: Caring for a sick child	Dealing with:		
	Poor feeding		
	Fever		
	Diarrhoea		
	Vomiting		
	Constipation		
	Mouth problems		
	Skin problems		
	Cough		
Danger signs	Recognising danger signs and knowing when to refer for help.		
ART	Knowing the side effects of ART		
Child abuse	Recognising child abuse and knowing what to do and who to ask for help.		
Part 4: Caring for the child who may not get better	Dealing with pain		
	Dealing with distress		
	Dealing with a child who no longer wants to eat		
Talking about dying and death	Assisting a caregiver to discuss dying and death with very sick young child and siblings.		
Memory boxes	Knowing when and how to use memory boxes		
Bereavement	Recognising abnormal bereavement and knowing where to get help.		