

Nutrition

Neno is a rural district in Southwestern Malawi. Since 2007, Partners in Health has worked with the Ministry of Health to operate **2 hospitals** and **11 health centers** serving Neno's 137,000¹ residents.



Approach

The **Nutrition Program** aims to end child malnutrition in Neno and to bring nourishment to HIV patients. A staff of 3 identify and assist patients in need of food support and conduct educational outreach programming throughout the district, while facilitating logistics for the Ministry of Health's Outpatient Therapeutic Program and Supplementary Food Program.

Each month, the **HIV Nutrition Program** provides likuni phala food rations to around **1**,**100** patients and provides these rations to:

Patients initiated on ART for 4 months

TB patients for 4 months

HIV-Positive pregnant women for 3 months before and 6 months after birth

Exposed Infants from 6 months until 18 months

The **Nutritional Rehabilitation Unit** is an inpatient program in Neno District Hospital through which APZU treats severely malnourished children for clinical complications in-ward. Patients in the NRU are often treated for infections or enrolled on ART and referred to the Ministry of Health OTP or SFP programs for ongoing treatment after they are discharged.

At **Community Nutrition Campaigns**, staff members speak with mothers about proper nutrition for their children and safe breast-feeing practices. They also take Mid-Upper Arm Circumference measurements of young community members and pregnant women to refer patients to a health facility if needed.

Highlights

The NRU has treated over $165\,$ patients in-ward.

The cure rate for outpatient treatment is 96%