

Youth at Entrance

Roman Kariuki



Presentation outline

- Introduction
- Project Background
- Objective and justification
- Implementation
- Results
- Next steps
- Conclusion





- FOCUS is a Non Governmental Organization formed as a response to the socio economic challenges faced by the children, youth and community at large. With emphasis on HIV/AIDS prevention, care and support
- **Vision** :- TO be a distinguished community service organization promoting humanity for all
- **Mission**:- FOCUS provides sustainable community programs through evidence based programs that are effective and efficient

Project Background

- Kenyan Population; 40 million 64% below 24 yrs (*census 2009*)
- HIV prevalence 6.8% Women 8.4%(*KAIS 2007*)
- 89.6% of women between ages 15-54 years in 2007 reported attending ANC (*KAIS 2007*)
- 78.6% of women who reported attending an ANC also reported receiving an HIV test at the ANC (*KAIS 2007*)
- About 39,482 children are getting ARV to prevent HIV infection out of the 81,000 estimated number of children born from HIV positive mothers. (*UNGASS 2010 country report – kenya*)

Why

- Improved access to the services
- Reduce missed opportunity
- Increase the uptake of the key services
- Reduce unmet need for PMTCT especially for the infected
- Influence on resources especially for PMTCT
- Promote male involvement



Process

Challenges

- Inadequate HIV prevention services
- Lack of youth friendly health services
- Minimal male involvement
- Poor uptake of HIV testing services
- Lack of PMTCT information
- Increase of unplanned pregnancy and high rate of HIV infection among women

FOCUS Approaches

- Youth friendly health service provision
- Community outreaches
- Mobile and HOT spot HTC services
- Thematic edutainment
- Peer education
- Resource centre
- Young mother support groups
- Task shifting

Goal

- High uptake of HIV care and prevention services
- Increased male involvement in health issues
- Increased uptake in health services
- Lower MTCT rates
- Delay in first sexual debut
- Reduced unplanned pregnancy
- More community involvement in health issues

Implementation

Youth resource centre :- I.E.C, peer education, condom distribution, HTC , support group meeting , young women support group and referrals



Community Approach:- outreaches, Mobile and Hot spot testing, condom distribution, peer education, support group trainings



Facility Approach :- YFHS Desk, Peer education, PMTCT, HTC, Thematic edutainment, condom distribution referrals



Benefits

- Broader range of clients attracted
- Reduced patient time in the facility
- Increases efficiency
- Reduces stigma
- Closer provider relationship
- Holistic approach

Barriers



- Inadequate male partner involvement
- Inadequate collaboration and PPP
- Inadequate resources
- Less manpower

Results

- Increase in health services uptake from 130 at the start of the program to 700 per month currently
- Increase in male involvement from 15 at the start of the program 110 per month currently
- Increased HTC uptake of the expectant women and youth accounting for 60%



Results



- **Condom use** The condom uptake for preventive purposes has increased during the months totaling to 18,121 condoms distributed
- **Health seeking behavior** Increased uptake and promoted health seeking behavior among the youth
- **Care and Treatment** Formation of youth support groups for the youth who have turned HIV positive and expectant women

Results

- The introduction of Young Mothers' program that has currently reached out to 5442 young mothers
- Increased and easy access to RH/FP and HIV/AIDS spread and prevention information and services both at the resource centre and the youth friendly desk.



Next steps

- Accelerate Implementation of the program
- Expand the reach to other facilities
- Continue capacity building for service providers
- Strengthen support supervision
- Initiate more programs targeting men

Conclusion

- The partnership between the hospital and FOCUS is a well integrated approach and a perfect linkage for PMTCT
- Despite challenges integration is feasible and beneficial
- Must be evidence based
- It is important to fully involve the health workers for buy in and full benefits
- For easier and effective implementation task shifting is key

Thank you



It always seems impossible until it is done

Nelson Mandela

www.focusyik.org, email focusyik@yahoo.com, box 27 (00232) Ruiru Kenya

...THE END

PRESENTED BY; ROMAN KARIUKI.

Programs Director.

FOCUS (Families Orphans and Children Under Stress)

www.focusyik.org

Email: romankariuki@yahoo.com/focusyik@yahoo.com

Tel: +254 720 366 494

Kenya.