

## Integration of HIV-Exposed Infant services in rural Rwanda

John Wilson NIYIGENA Infectious Diseases Program Manager Partners In Health, Rwanda December 5,2013

### Background

- In Rwanda, over 7000 infants are born to HIV-positive mothers each year
- At high risk for infection with HIV, early morbidity and mortality, and lifetime disability from chronic illness
- Across SSA, many HIV-exposed infants and their mothers are lost from care or do not receive appropriate testing or ART prophylaxis



#### Challenges for HIV-affected families

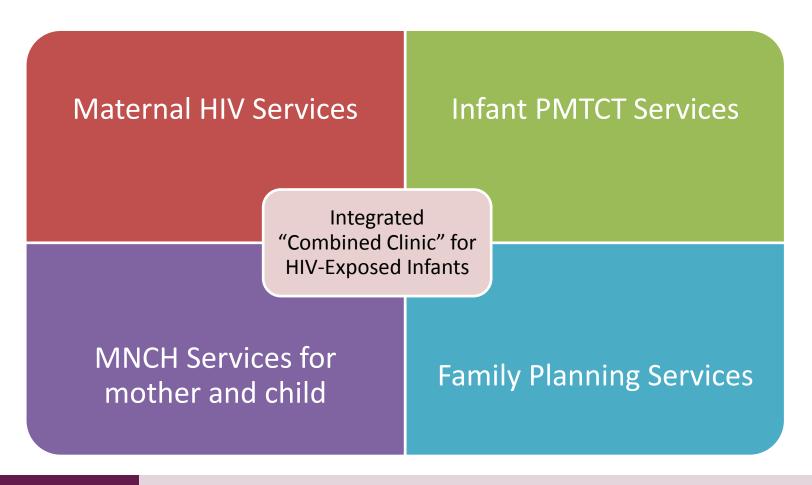
- Conducted focus groups with mothers, nurses, & social worker
- On average, families reported:
  - 2-3 visits per month to heath centers (HC)
  - 5-6 hours total for HC visit (entire workday)
  - \$5-7 transport fee (round-trip)
  - \$1-2 meals per day
  - \$2-5 lost wages per day
  - Total: Average \$8 per HC visit for mother and baby



### Should we integrate services?

- Integration of services would result in:
  - Less visits
  - Less transport costs
  - Less loss of productivity
  - More efficient health care system

# Integration of services for HIV-exposed Infants: "Combined Clinic"





Infant/Child			Mother		
Activity	Category	Time	Activity	Category	Time
Post-partum care (cord care, weight monitoring)	MNCH	0-6wk	Post-partum care	MNCH	0-6wk
Entry/Referral to one-stop clinic	HIV	0-6wk	Return to ID care via one-stop clinic	HIV	0-6wk
Continuation of NVP prophylaxis until 6 weeks	PMTCT	0-6wk	Initiation or continuation of ART	PMTCT/HIV	0-6wk
6 week DBS testing with rapid response and link to care if positive	PMTCT	6wk	Initial or continuation of CD4 testing	HIV	0-18mo
Initiation of co-trimoxazole prophylaxis	PMTCT	6wk-18mo	Initial or continuation of ancillary laboratory testing or radiography	HIV	0-18mo
Routine infant care (growth monitoring, vaccination review, albendazole, vitamin A)	MNCH	6wk-18mo	Screening and treatment of IST/OIs per Adult HIV recommendations	HIV	0-18mo
Nutrition support and counseling for infant needs (including AFASS option)	MNCH	0-18mo	Breastfeeding support and counseling	MNCH	0-18mo
9 month serotesting with rapid response and link to care	PMTCT	9 mo	Nutrition counseling and support for breastfeeding mother	MNCH	0-18mo
18 month serotesting with rapid response and link to care	PMTCT	18 mo	Safe food and water preparation for child	MNCH	0-18mo
Tb screening and link to care	MNCH	0-18mo	Recognition and management of neonatal and early childhood illness	MNCH	0-18mo
Malnutrition screening and link to care	MNCH	0-18mo	Family planning or referral to family planning option in faith-based clinics	FP	0-18mo
Malaria prevention for infant	MNCH	0-18mo	Active case finding and follow up of HIV+ women with infant <18 mo	MNCH/ PMTCT/HIV	N/A
Recognition and treatment of acute childhood illness per IMCI (LRTI, diarrhea/dehydration, febrile illness)	MNCH	0-18mo	Routine testing of serodiscordant mothers	PMTCT	0-18mo
Active case finding from immunization and growth monitoring, CHW case finding, screening family members of HIV-positive individuals, and PITC	HIV	0-18mo	Psychosocial support for PLWH	HIV	0-18 mo
Referral and management of HIV+ child to pediatric ID clinic	HIV	0-18 mo	Return to routine ID care for seropositive mothers	HIV	18 mo

Key Entry Points for Provider-initiated Infants into the testing and counseling at HC and DH Combined Clinic Active community-ANC/VCT based case-finding by trained CHWs Combined Clinic for HIV-**PMTCT** Maternity **PITC** exposed Infants Screening and testing **HIV Care** all family members of and known HIV-positive **Treatment** patients Identification during routine immunization

and growth monitoring



### **Preliminary Outcomes**

- From Nov 2010 Oct 2012:
  - 37 health facilities supported to integrate services
  - 973 mother-infant pairs enrolled
  - 1.6% of enrolled infants HIV positive as of Oct 2012 (cross-sectional)
  - Not yet evaluated: retention in care, child survival, maternal outcomes, patient satisfaction



### Rwanda's EMTCT Strategy

National Strategic Plan for Elimination of Mother to Child Transmission of HIV in Rwanda (2011 -2015)

**February 6, 2012** 

 Calls for "linkage and integration of MNCH, FP, and HIV/PMTCT services, policies, and guidelines"

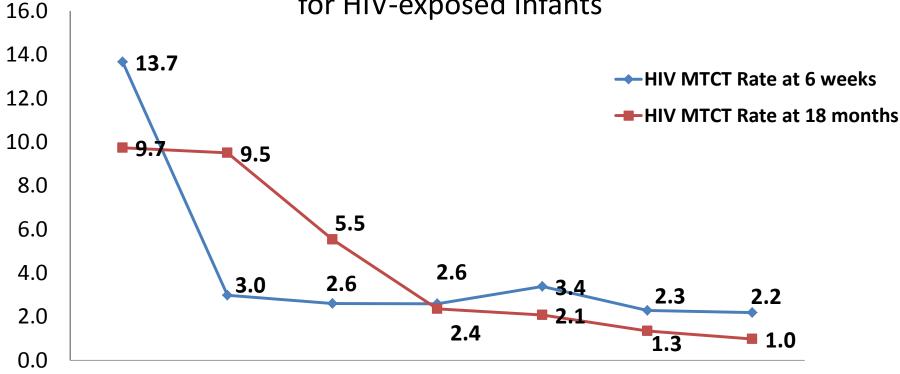
**Table 6 - Impact level indicators for EMTCT** 

Indicator	Baseline (2010)	Target (end of 2015)
Reduce new pediatric HIV infections by 90%	2,700 <sup>25</sup>	270
Reduce the overall population based mother to child transmission rate below 2% at 18 months	6.8 % <sup>26</sup>	2%



#### MTCT in Rwanda

MTCT rate at 6 weeks and at 18 months for HIV-exposed Infants



July 2006- July 2007- July 2008- July 2009- July 2010- July 2011 - July 2012- June 2007 June 2008 June 2009 June 2010 June 2011 June 2012 June 2013



## Key Implementation Challenges for Integration of Services

Key implementation challenges	Current status and solutions
Orientation of Integration	<ul> <li>Combined clinic oriented towards HIV-exposed infants and their mothers</li> <li>Other discussions to integrate HIV into MNCH services at national level</li> <li>FP has been integrated into HIV services nationally</li> </ul>
Integration of Trainings and Protocols	<ul> <li>Informal training provided by PIH, though not yet formalized</li> <li>National policy recommends integration, but no integrated protocols yet</li> </ul>
Integration of Tools (charts and registers)	<ul> <li>National mother-infant register for PMTCT developed and distributed</li> <li>Linkages created in chart organization and via EMR</li> </ul>
Integration of Reporting and M&E	PIH has developed integrated reporting of mother-infant pairs via EMR
Evaluation of integrated services	<ul> <li>PIH plans to evaluate the retention in care, child survival, maternal outcomes, and patient satisfaction with integrated services</li> </ul>





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#### **COMBINED CLINICS HELP COMBAT MOTHER-TO-CHILD HIV TRANSMISSION**

Posted on 12/19/12



Nurse Solange Bazirete checks Christine Niyonsaba and her daughter, Iratuzi, at a "combined clinic" at Karama Health Center in eastern Rwanda.



