

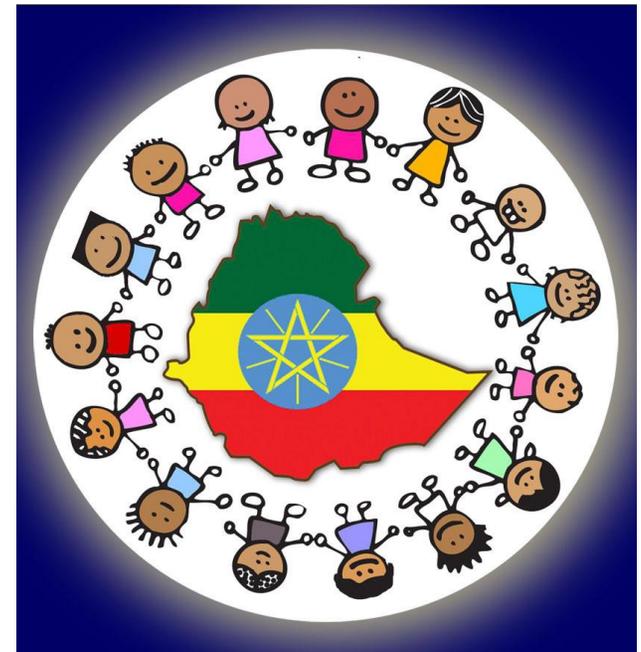


Yekokeb Berhan Program for Highly Vulnerable Children

Impact of Parenting Intervention on Parental Attitude and Practices

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Presentation outline

- Background
- Purposes of the Study
- Methodology
- Primary Outcomes & Measurements
- Impact Evaluation Results
- Conclusion and recommendation
- Limitations

Background

- Parents/Caregivers play pivotal roles in the lives & well-beings of children they raise. Caregivers with limited resources & opportunities may not have the knowledge and skills to create a positive home environment for their children.
- USAID/Ethiopia's Yekokeb Berhan Program for Highly Vulnerable Children promotes Better Parenting for parents and caregivers to improve parenting attitudes and practices, as part of the program's goal to reduce vulnerability and increase resiliency of highly vulnerable children.
- The program takes a cascade approach, training program staff to train community volunteers who then share parenting skills and knowledge with caregivers through individual and small group sessions.

Background cont'd

Objectives of better parenting skills training

- The training designed to enhance parenting knowledge, attitudes and practices among primary caregivers of HVCs. Specifically, the training designed to enhance caregivers' :
 - understanding about their responsibilities in raising children;
 - knowledge about developmental stages of children;
 - Knowledge about warm & caring home environment for the long-term well-being of their children ;
 - skills for effective parent-child communication, positive discipline, and consistent child monitoring.

Purposes of Evaluation study

Purposes: The study sought to evaluate the effects of the Better Parenting skills training on positive parenting attitudes and practices among primary caregivers to HVCs.

Specific objectives are to:

- Identify differences between parenting attitudes and practices among caregivers who received the intervention and those who did not.
- Describe how positive parenting attitudes and practices of caregivers improve the lives of HVCs.
- Provide program evidence for effective parenting intervention, and its potential for scale up.

Methodology

- The evaluation study conducted in 7 Yekokeb Berhan program districts and in 7 neighboring woreda/ Kebele where the Yekokeb Berhan program was not operating as a control.
- The study was based on a quasi-experimental design and post-intervention cross-sectional survey.
- Employed quantitative & qualitative mixed methods
- **Sample size determination:** two-samples comparison of percentages is used to calculate the required sample size. At total 854 primary households of HVCs (427 interventions and 427 controls) were selected.
- **Qualitative :** 40(20 primary care givers & 20 HVC aged 14-17 participants for the IDIs were selected through purposive sampling.

Primary Outcomes and Measurements

Outcome indicators comprising five parenting dimensions:

- (1) parenting responsibilities,
- (2) parenting style
- (3) setting limits and rules for the child
- (4) parent-child communication, and
- (5) (5) child disciplining and monitoring.

➤ Each dimension was measured based on multiple questions/items.

Data Analysis

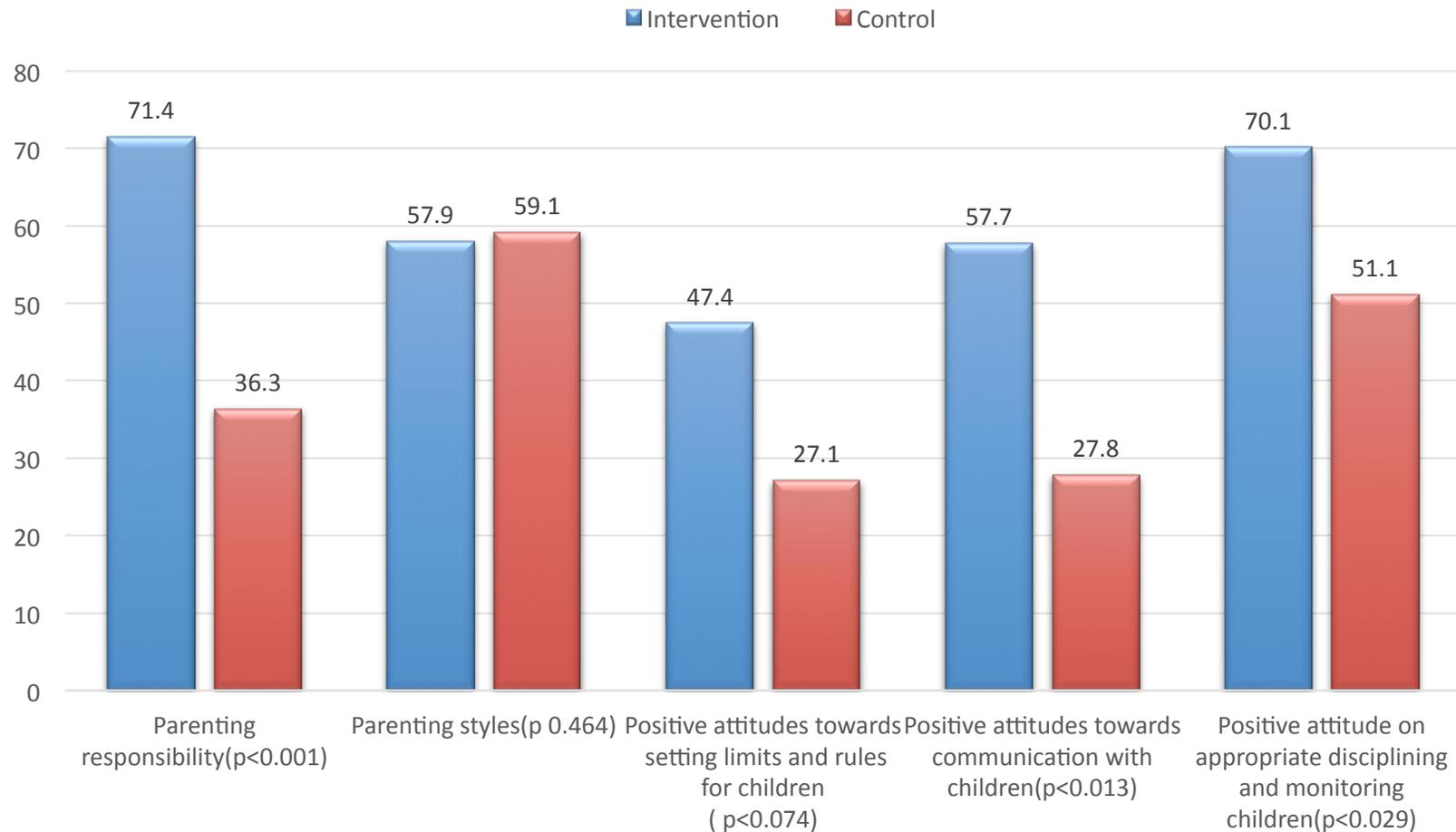
Quantitative data:

- SPSS 20 statistical packages were used for the data management and descriptive analysis, and STATA 12 for PSM analysis.
- Average effect of the intervention was assessed using paired two independent sample t-tests of mean differences in primary outcomes between the two groups. The analysis also employed multivariate regression method to estimate adjusted program effects after controlling for observed covariates.

Qualitative Data:

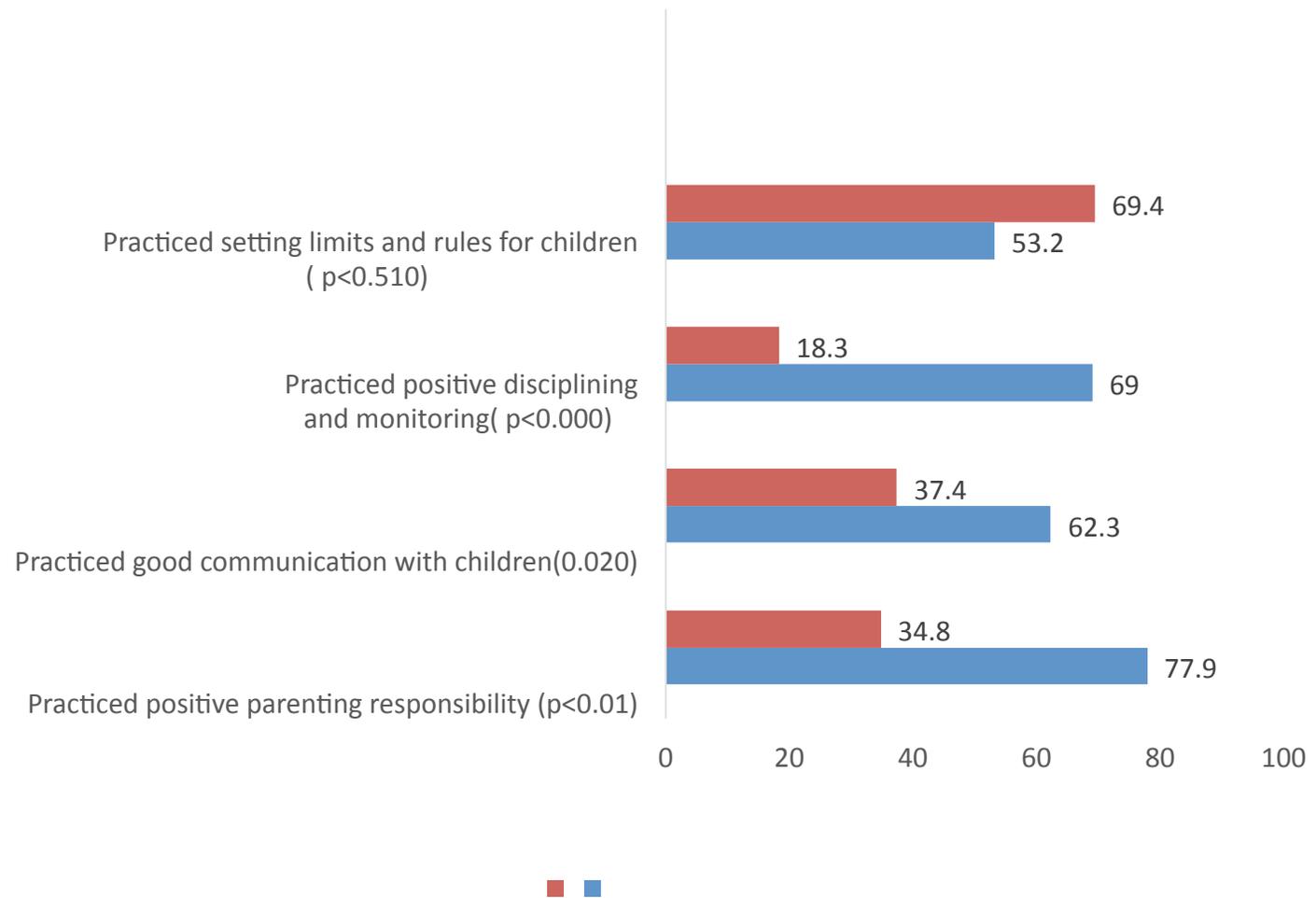
First, IDI transcriptions were organized by major topics and specific questions. Then concepts and ideas were coded, categorized and prominent themes identified and analyzed.

Impacts on parenting Attitudes (Quantitative Results)



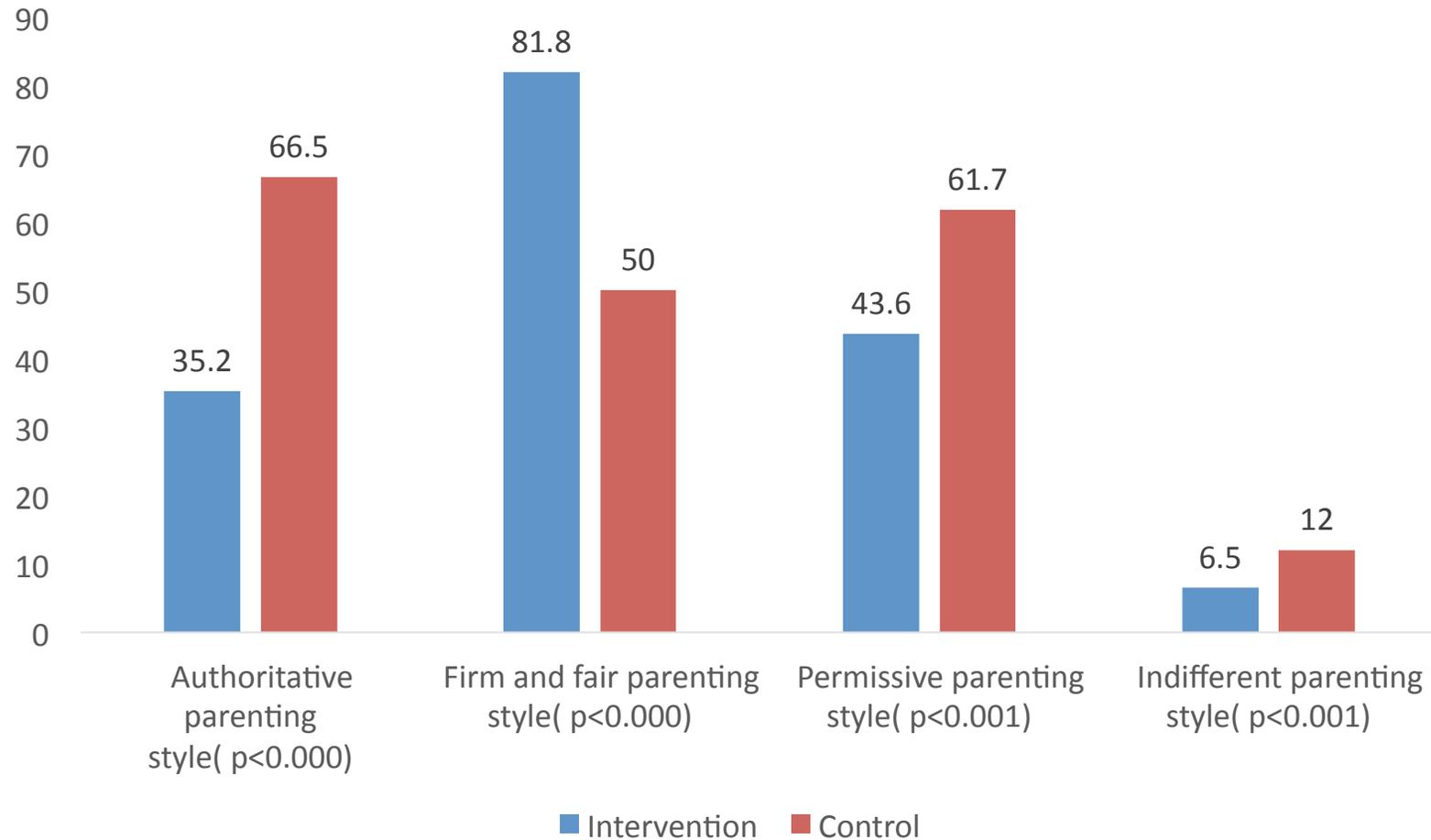
The difference in attitudes between the two groups was statistically significant which implies the impact of better parenting intervention except attitude on parenting style

Impacts on parenting Practices (Quantitative Results)



The difference in parenting practice between the two groups was statistically significant(p<0.05), which implies the impact of better parenting intervention

Impacts on parenting Practices (Quantitative Results)



The difference in parenting practice between the two groups was statistically significant ($p < 0.05$), which implies the impact of better parenting intervention

Conclusion and Recommendation

- The overall findings from both quantitative and qualitative analyses revealed that the better parenting training program had positive impacts on parenting attitudes and practices among study participants who attended the training compared to participants who did not attend the training. Therefore, the better Parenting intervention should be strengthened and scaled up taking account of the existing and promising evidences.

Conclusion and Recommendation

- In conclusion, the impact evaluation findings on several outcome indicators on parenting attitudes and behaviors showed positive impact in the intervention group compared to the control group. The results also indicated significantly lower undesirable/negative parenting styles in the intervention than the in control group. Therefore, the better Parenting intervention should be strengthened and scaled up taking account of the existing and promising evidences.

Limitation:

- These findings were estimated using post-intervention cross-sectional survey data without pre-intervention (baseline) data for appropriate balancing the intervention and control groups. In addition, the study relies on self-reported responses by caregivers that could be biased due to tendency of socially desirable responses by the respondents.

Acknowledgement

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